



40. Alteburglauf
Arnstadt / 04.05.2018

Detailed evaluation

ZEIGER, Thomas

Club: Kath. Laufjugend Arnstadt
Number: 434

Course: 21.10 km
Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:44:35

Speed: 12.05 km/h
Running performance: 4:58 min/km

Rank in course/Total: 18 (of 46)

Rank in course/Men: 17 (of 43)

Best time in course: 1:25:30

Rank in category: 2(of 7)

Best time in the category: 1:31:58