



40. Alteburglauf  
Arnstadt / 04.05.2018

## Detailed evaluation

Trefflich, Denny

Club: VfB Torpedo Ichttershausen  
Number: 345

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 45:28

Speed: 13.20 km/h  
Running performance: 4:33 min/km

Rank in course/Total: 18 (of 111)

Rank in course/Men: 17 (of 75)

Best time in course: 36:15

Rank in category: 2(of 5)

Best time in the category: 43:51