



40. Alteburglauf  
Arnstadt / 04.05.2018

## Detailed evaluation

**SALZMANN, Susanne**

Club: LTV Erfurt  
Number: 315

Course: 10.00 km  
Hauptlauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 46:49

Speed: 12.82 km/h  
Running performance: 4:41 min/km

Rank in course/Total: 21 (of 111)

Rank in course/Women: 2 (of 36)

Best time in course: 45:26

Rank in category: 1(of 7)

Best time in the category: 46:49