



40. Alteburglauf  
Arnstadt / 04.05.2018

## Detailed evaluation

**GROSSER, Torsten**

Club: AP Racing Team  
Number: 280

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 47:51

Speed: 12.54 km/h  
Running performance: 4:47 min/km

Rank in course/Total: 25 (of 111)

Rank in course/Men: 23 (of 75)

Best time in course: 36:15

Rank in category: 6(of 16)

Best time in the category: 37:04