



40. Alteburglauf
Arnstadt / 04.05.2018

Detailed evaluation

Bertram, Bernd

Number: 362

Course: 10.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 49:48

Speed: 12.05 km/h
Running performance: 4:59 min/km

Rank in course/Total: 36 (of 111)

Rank in course/Men: 31 (of 75)

Best time in course: 36:15

Rank in category: 7(of 16)

Best time in the category: 37:04