



40. Alteburglauf  
Arnstadt / 04.05.2018

## Detailed evaluation

**Zöppig, Veit**

Club: SV TU Ilmenau  
Number: 366

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 50:21

Speed: 11.92 km/h  
Running performance: 5:02 min/km

Rank in course/Total: 39 (of 111)

Rank in course/Men: 33 (of 75)

Best time in course: 36:15

Rank in category: 8(of 16)

Best time in the category: 37:04