



40. Alteburglauf
Arnstadt / 04.05.2018

Detailed evaluation

FREYBERG, Michael

Club: Rehestädt
Number: 270

Course: 10.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 50:30

Speed: 11.88 km/h
Running performance: 5:03 min/km

Rank in course/Total: 40 (of 111)

Rank in course/Men: 34 (of 75)

Best time in course: 36:15

Rank in category: 3(of 11)

Best time in the category: 40:23