



40. Alteburglauf
Arnstadt / 04.05.2018

Detailed evaluation

GRUNE, Sascha

Club: Ilmenau
Number: 282

Course: 10.00 km
Hauptlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 51:27

Speed: 11.66 km/h
Running performance: 5:08 min/km

Rank in course/Total: 44 (of 111)

Rank in course/Men: 38 (of 75)

Best time in course: 36:15

Rank in category: 3(of 5)

Best time in the category: 43:51