



40. Alteburglauf
Arnstadt / 04.05.2018

Detailed evaluation

SEEVER, Thorsten

Club: SG Motor Arnstadt
Number: 322

Course: 10.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 51:28

Speed: 11.66 km/h
Running performance: 5:09 min/km

Rank in course/Total: 45 (of 111)

Rank in course/Men: 39 (of 75)

Best time in course: 36:15

Rank in category: 9(of 16)

Best time in the category: 37:04