



40. Alteburglauf
Arnstadt / 04.05.2018

Detailed evaluation

GUNKEL, Sven

Club: Rehestädt

Number: 284

Course: 10.00 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 51:29

Speed: 11.65 km/h

Running performance: 5:09 min/km

Rank in course/Total: 46 (of 111)

Rank in course/Men: 40 (of 75)

Best time in course: 36:15

Rank in category: 10(of 16)

Best time in the category: 37:04