



40. Alteburglauf
Arnstadt / 04.05.2018

Detailed evaluation

SENGLAUB, Arvid

Club: Die flinken Garataler/TSV 1880 Elgersburg
Number: 428

Course: 21.10 km
Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:52:11

Speed: 11.29 km/h
Running performance: 5:19 min/km

Rank in course/Total: 27 (of 46)

Rank in course/Men: 26 (of 43)

Best time in course: 1:25:30

Rank in category: 6(of 7)

Best time in the category: 1:31:58