



40. Alteburglauf
Arnstadt / 04.05.2018

Detailed evaluation

SIMON, Holger

Club: Schmalkalden
Number: 430

Course: 21.10 km
Halbmarathon

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:52:26

Speed: 11.21 km/h
Running performance: 5:20 min/km

Rank in course/Total: 30 (of 46)

Rank in course/Men: 28 (of 43)

Best time in course: 1:25:30

Rank in category: 5(of 8)

Best time in the category: 1:25:50