



40. Alteburglauf
Arnstadt / 04.05.2018

Detailed evaluation

GRäVE, Sascha

Club: Neenstetten
Number: 277

Course: 10.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 52:42

Speed: 11.39 km/h
Running performance: 5:16 min/km

Rank in course/Total: 55 (of 111)

Rank in course/Men: 48 (of 75)

Best time in course: 36:15

Rank in category: 7(of 10)

Best time in the category: 42:53