



40. Alteburglauf  
Arnstadt / 04.05.2018

## Detailed evaluation

**Mähr, Andreas**

Club: Arnstadt  
Number: 346

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 52:52

Speed: 11.35 km/h  
Running performance: 5:17 min/km

Rank in course/Total: 57 (of 111)

Rank in course/Men: 49 (of 75)

Best time in course: 36:15

Rank in category: 8(of 11)

Best time in the category: 40:23