



40. Alteburglauf
Arnstadt / 04.05.2018

Detailed evaluation

REICHE, Frank

Club: Sparkasse Arnstadt-Ilmenau
Number: 309

Course: 10.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 53:51

Speed: 11.14 km/h
Running performance: 5:23 min/km

Rank in course/Total: 62 (of 111)

Rank in course/Men: 54 (of 75)

Best time in course: 36:15

Rank in category: 10(of 11)

Best time in the category: 40:23