



40. Alteburglauf  
Arnstadt / 04.05.2018

## Detailed evaluation

**FöHR, Mario**

Club: SV Thuringia Königsee  
Number: 407

Course: 21.10 km  
Halbmarathon

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:53:54

Speed: 11.12 km/h  
Running performance: 5:24 min/km

Rank in course/Total: 31 (of 46)

Rank in course/Men: 29 (of 43)

Best time in course: 1:25:30

Rank in category: 6(of 8)

Best time in the category: 1:25:50