



40. Alteburglauf  
Arnstadt / 04.05.2018

## Detailed evaluation

**LANGKABEL, Laura**

Club: ThSV 1886 Geschwenda  
Number: 53

Course: 1.20 km  
Schüler- und Jedermannslauf

Category:  
Jedermannklasse weiblich

Total time: 6:48

Speed: 10.59 km/h  
Running performance: 5:40 min/km

Rank in course/Total: 56 (of 100)

Rank in course/Women: 22 (of 46)

Best time in course: 5:54

Rank in category: 8(of 12)

Best time in the category: 6:02