



40. Alteburglauf
Arnstadt / 04.05.2018

Detailed evaluation

BOGEN, Ines

Club: LT Alteburg
Number: 257

Course: 10.00 km
Hauptlauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 55:53

Speed: 10.74 km/h
Running performance: 5:35 min/km

Rank in course/Total: 75 (of 111)

Rank in course/Women: 15 (of 36)

Best time in course: 45:26

Rank in category: 3(of 7)

Best time in the category: 46:49