



40. Alteburglauf
Arnstadt / 04.05.2018

Detailed evaluation

BOGEN, Norman

Club: LT Alteburg
Number: 258

Course: 10.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 55:53

Speed: 10.74 km/h
Running performance: 5:35 min/km

Rank in course/Total: 76 (of 111)

Rank in course/Men: 61 (of 75)

Best time in course: 36:15

Rank in category: 9(of 10)

Best time in the category: 42:53