



40. Alteburglauf
Arnstadt / 04.05.2018

Detailed evaluation

ERDMANN, Stephanie

Club: LSV Lok Arnstadt
Number: 266

Course: 10.00 km
Hauptlauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 56:15

Speed: 10.67 km/h
Running performance: 5:37 min/km

Rank in course/Total: 77 (of 111)

Rank in course/Women: 16 (of 36)

Best time in course: 45:26

Rank in category: 4(of 5)

Best time in the category: 48:15