



40. Alteburglauf  
Arnstadt / 04.05.2018

## Detailed evaluation

**Böse, Ralf**

Club: Arnstadt  
Number: 404

Course: 21.10 km  
Halbmarathon

Category:  
Senioren M65 (65-69 Jahre)

Total time: 1:56:58

Speed: 10.82 km/h  
Running performance: 5:32 min/km

Rank in course/Total: 32 (of 46)

Rank in course/Men: 30 (of 43)

Best time in course: 1:25:30

Rank in category: 1(of 2)

Best time in the category: 1:56:58