



40. Alteburglauf  
Arnstadt / 04.05.2018

## Detailed evaluation

**KRÜGER, Christian**

Club: Gotha  
Number: 300

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:00:13

Speed: 9.96 km/h  
Running performance: 6:01 min/km

Rank in course/Total: 91 (of 111)

Rank in course/Men: 67 (of 75)

Best time in course: 36:15

Rank in category: 5(of 5)

Best time in the category: 43:51