



40. Alteburglauf
Arnstadt / 04.05.2018

Detailed evaluation

FRANKE, Heike

Club: Erfurt
Number: 269

Course: 10.00 km
Hauptlauf

Category:
Seniorinnen W60 (60-64 Jahre)

Total time: 1:00:58

Speed: 9.84 km/h
Running performance: 6:06 min/km

Rank in course/Total: 94 (of 111)

Rank in course/Women: 27 (of 36)

Best time in course: 45:26

Rank in category: 2(of 2)

Best time in the category: 57:00