



40. Alteburglauf  
Arnstadt / 04.05.2018

## Detailed evaluation

**PRAHL, Wolfgang**

Club: Glatt Ing.-technik Weimar  
Number: 307

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M65 (65-69 Jahre)

Total time: 1:01:02

Speed: 9.83 km/h  
Running performance: 6:06 min/km

Rank in course/Total: 95 (of 111)

Rank in course/Men: 68 (of 75)

Best time in course: 36:15

Rank in category: 3(of 4)

Best time in the category: 55:25