



40. Alteburglauf  
Arnstadt / 04.05.2018

## Detailed evaluation

**Macholeth, Sylke**

Club: LG Frauenwald  
Number: 354

Course: 10.00 km  
Hauptlauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 1:03:09

Speed: 9.50 km/h  
Running performance: 6:19 min/km

Rank in course/Total: 100 (of 111)

Rank in course/Women: 30 (of 36)

Best time in course: 45:26

Rank in category: 4(of 5)

Best time in the category: 50:16