



40. Alteburglauf  
Arnstadt / 04.05.2018

## Detailed evaluation

**HOLZHEU, Tanja**

Club: Sparkasse Arnstadt-Ilmenau  
Number: 289

Course: 10.00 km  
Hauptlauf

Category:  
Frauen (20-29 Jahre)

Total time: 1:10:48

Speed: 8.47 km/h  
Running performance: 7:05 min/km

Rank in course/Total: 107 (of 111)

Rank in course/Women: 34 (of 36)

Best time in course: 45:26

Rank in category: 6(of 7)

Best time in the category: 45:26