



6. Arnstädter Alteburgstaffel

Arnstadt / 30.05.2018

Detailed evaluation

Alteburglauftreff Arnstadt

Club: Alteburglauftreff Arnstadt

Number: 4

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 32:55

Speed: 10.94 km/h

Running performance: 5:29 min/km

Rank in course: 16 (of 35)

Best time in course: 26:00

Rank in category: 16(of 35)

Best time in the category: 26:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	5:41	4:44	14	0:58	14	0:58	1.20	5:41	4:44	14	0:58	14	0:58
Wechsel	1.20	6:57	5:47	21	1:47	21	1:47	2.40	12:38	5:15	12	2:34	12	2:34
Wechsel	1.20	6:43	5:35	16	1:40	16	1:40	3.60	19:21	5:22	14	3:50	14	3:50
Wechsel	1.20	7:10	5:58	27	1:57	27	1:57	4.80	26:31	5:31	15	5:47	15	5:47
Finish	1.20	6:24	5:20	21	1:44	21	1:44	6.00	32:55	5:29	16	6:55	16	6:55