



6. Arnstädter Alteburgstaffel

Arnstadt / 30.05.2018

Detailed evaluation

Arnstadt läuft 1

Club: Arnstadt läuft 1

Number: 5

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 35:52

Speed: 10.04 km/h

Running performance: 5:59 min/km

Rank in course: 24 (of 35)

Best time in course: 26:00

Rank in category: 24(of 35)

Best time in the category: 26:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	4:55	4:05	4	0:12	4	0:12	1.20	4:55	4:05	4	0:12	4	0:12
Wechsel	1.20	6:27	5:22	11	1:17	11	1:17	2.40	11:22	4:44	5	1:18	5	1:18
Wechsel	1.20	8:27	7:02	35	3:24	35	3:24	3.60	19:49	5:30	15	4:18	15	4:18
Wechsel	1.20	6:35	5:29	15	1:22	15	1:22	4.80	26:24	5:30	14	5:40	14	5:40
Finish	1.20	9:28	7:53	34	4:48	34	4:48	6.00	35:52	5:58	24	9:52	24	9:52