



6. Arnstädter Alteburgstaffel

Arnstadt / 30.05.2018

Detailed evaluation

Alteburglauf AK Siegerfamilie

Club: Alteburglauf AK Siegerfamilie

Number: 3

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 30:52

Speed: 11.66 km/h

Running performance: 5:08 min/km

Rank in course: 9 (of 35)

Best time in course: 26:00

Rank in category: 9(of 35)

Best time in the category: 26:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Stage score			Total ranking			
								Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	5:34	4:38	11	0:51	11	0:51	1.20	5:34	4:38	11	0:51	11	0:51
Wechsel	1.20	6:37	5:30	15	1:27	15	1:27	2.40	12:11	5:04	10	2:07	10	2:07
Wechsel	1.20	6:22	5:18	10	1:19	10	1:19	3.60	18:33	5:09	9	3:02	9	3:02
Wechsel	1.20	6:32	5:26	14	1:19	14	1:19	4.80	25:05	5:13	9	4:21	9	4:21
Finish	1.20	5:47	4:49	13	1:07	13	1:07	6.00	30:52	5:08	9	4:52	9	4:52