



28. Arnstädter Citylauf

Arnstadt / 28.04.2018

Detailed evaluation

Hose, Cedric

Club: VfB Torpedo Ichtershausen

Number: 21

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

männliche Jugend M14 (14 Jahre)

Total time: 11:37

Speed: 15.49 km/h

Running performance: 3:52 min/km

Rank in course/Total: 1 (of 39)

Rank in course/Men: 1 (of 16)

Best time in course: 11:37

Rank in category: 1(of 1)

Best time in the category: 11:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.72	6:25	3:43	1	-	1	-	1.72	6:25	3:43	1	-	1	-
Last lap Finish	1.28	5:12	4:03	1	-	1	-	3.00	11:37	3:52	1	-	1	-