



28. Arnstädter Citylauf

Arnstadt / 28.04.2018

Detailed evaluation

Wächter, Hartmut

Club: SG Motor Arnstadt

Number: 269

Course: 10.00 km

n3 10-km-Lauf

Category:

Senioren M65 (65-69 Jahre)

Total time: 44:14

Speed: 13.56 km/h

Running performance: 4:25 min/km

Rank in course/Total: 17 (of 96)

Rank in course/Men: 16 (of 62)

Best time in course: 35:39

Rank in category: 1(of 1)

Best time in the category: 44:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.67	6:38	3:58	1	-	14	1:07	1.67	6:38	3:58	1	-	14	1:07
Lap 2	2.35	10:09	4:19	1	-	14	1:52	4.02	16:47	4:10	1	-	14	2:59
Lap 3	2.35	10:34	4:29	1	-	16	2:03	6.37	27:21	4:17	1	-	15	5:02
Lap 4	2.35	10:42	4:33	1	-	17	2:09	8.72	38:03	4:21	1	-	15	7:11
Last lap Finish	1.28	6:11	4:49	1	-	19	1:24	10.00	44:14	4:25	1	-	16	8:35