



28. Arnstädter Citylauf

Arnstadt / 28.04.2018

Detailed evaluation

Schrickel, Eric

Club: Fit mit Schmidt

Number: 290

Course: 10.00 km

n3 10-km-Lauf

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 45:37

Speed: 13.15 km/h

Running performance: 4:34 min/km

Rank in course/Total: 22 (of 96)

Rank in course/Men: 20 (of 62)

Best time in course: 35:39

Rank in category: 1(of 1)

Best time in the category: 45:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.67	6:28	3:52	1	-	10	0:57	1.67	6:28	3:52	1	-	10	0:57
Lap 2	2.35	10:30	4:28	1	-	17	2:13	4.02	16:58	4:13	1	-	16	3:10
Lap 3	2.35	11:09	4:44	1	-	22	2:38	6.37	28:07	4:24	1	-	17	5:48
Lap 4	2.35	11:11	4:45	1	-	22	2:38	8.72	39:18	4:30	1	-	18	8:26
Last lap Finish	1.28	6:19	4:56	1	-	22	1:32	10.00	45:37	4:33	1	-	20	9:58