



28. Arnstädter Citylauf

Arnstadt / 28.04.2018

Detailed evaluation

Schrickel, Eric

Club: Fit mit Schmidt

Number: 290

Course: 10.00 km

n3 10-km-Lauf

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 45:37

Speed: 13.15 km/h

Running performance: 4:34 min/km

Rank in course/Total: 22 (of 96)

Rank in course/Men: 20 (of 62)

Best time in course: 35:39

Rank in category: 1(of 1)

Best time in the category: 45:37

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 1.67 | 6:28 | 3:52 | 1 | - | 10 | 0:57 | 1.67 | 6:28 | 3:52 | 1 | - | 10 | 0:57 |
| Lap 2 | 2.35 | 10:30 | 4:28 | 1 | - | 17 | 2:13 | 4.02 | 16:58 | 4:13 | 1 | - | 16 | 3:10 |
| Lap 3 | 2.35 | 11:09 | 4:44 | 1 | - | 22 | 2:38 | 6.37 | 28:07 | 4:24 | 1 | - | 17 | 5:48 |
| Lap 4 | 2.35 | 11:11 | 4:45 | 1 | - | 22 | 2:38 | 8.72 | 39:18 | 4:30 | 1 | - | 18 | 8:26 |
| Last lap Finish | 1.28 | 6:19 | 4:56 | 1 | - | 22 | 1:32 | 10.00 | 45:37 | 4:33 | 1 | - | 20 | 9:58 |