



28. Arnstädter Citylauf

Arnstadt / 28.04.2018

Detailed evaluation

Petermann, Philipp

Club: LSV Lok Arnstadt

Number: 254

Course: 10.00 km

n3 10-km-Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 50:43

Speed: 11.83 km/h

Running performance: 5:04 min/km

Rank in course/Total: 33 (of 96)

Rank in course/Men: 30 (of 62)

Best time in course: 35:39

Rank in category: 8(of 15)

Best time in the category: 38:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	1.67	7:25	4:26	7	1:30	26	1:54	1.67	7:25	4:26	7	1:30	26	1:54	
Lap 2	2.35	11:41	4:58	8	2:36	32	3:24	4.02	19:06	4:45	8	4:06	28	5:18	
Lap 3	2.35	12:24	5:16	10	3:15	35	3:53	6.37	31:30	4:56	8	7:21	29	9:11	
Lap 4	2.35	12:28	5:18	11	3:24	36	3:55	8.72	43:58	5:02	8	10:45	29	13:06	
Last lap Finish	1.28	6:45	5:16	9	1:31	30	1:58	10.00	50:43	5:04	8	12:16	30	15:04	