



28. Arnstädter Citylauf

Arnstadt / 28.04.2018

Detailed evaluation

Böttner, Thomas

Club: Zweirad Böttner

Number: 277

Course: 10.00 km

n3 10-km-Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 51:27

Speed: 11.66 km/h

Running performance: 5:08 min/km

Rank in course/Total: 39 (of 96)

Rank in course/Men: 36 (of 62)

Best time in course: 35:39

Rank in category: 11(of 15)

Best time in the category: 38:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	1.67	8:34	5:07	12	2:39	43	3:03	1.67	8:34	5:07	12	2:39	43	3:03
Lap 2	2.35	11:51	5:02	9	2:46	33	3:34	4.02	20:25	5:04	11	5:25	38	6:37
Lap 3	2.35	12:07	5:09	8	2:58	30	3:36	6.37	32:32	5:06	9	8:23	36	10:13
Lap 4	2.35	12:19	5:14	10	3:15	31	3:46	8.72	44:51	5:08	10	11:38	35	13:59
Last lap Finish	1.28	6:36	5:09	8	1:22	27	1:49	10.00	51:27	5:08	11	13:00	36	15:48