



28. Arnstädter Citylauf

Arnstadt / 28.04.2018

Detailed evaluation

SCHEITHAUER, Robert

Club: -

Number: 240

Course: 10.00 km

n3 10-km-Lauf

Category:

Männer (20-29 Jahre)

Total time: 53:22

Speed: 11.24 km/h

Running performance: 5:20 min/km

Rank in course/Total: 47 (of 96)

Rank in course/Men: 42 (of 62)

Best time in course: 35:39

Rank in category: 2(of 8)

Best time in the category: 45:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.67	8:44	5:13	2	1:41	49	3:13	1.67	8:44	5:13	2	1:41	49	3:13
Lap 2	2.35	12:32	5:19	2	1:53	41	4:15	4.02	21:16	5:17	2	3:34	43	7:28
Lap 3	2.35	12:36	5:21	2	1:43	40	4:05	6.37	33:52	5:18	2	5:17	44	11:33
Lap 4	2.35	12:39	5:22	2	1:37	38	4:06	8.72	46:31	5:20	2	6:54	41	15:39
Last lap Finish	1.28	6:51	5:21	4	0:42	36	2:04	10.00	53:22	5:20	2	7:36	42	17:43