



28. Arnstädter Citylauf

Arnstadt / 28.04.2018

Detailed evaluation

Loos, Annika

Club: Melissantes Gym 5b

Number: 17

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

weibliche Kinder W11 (11 Jahre)

Total time: 14:47

Speed: 12.18 km/h

Running performance: 4:56 min/km

Rank in course/Total: 14 (of 39)

Rank in course/Women: 4 (of 23)

Best time in course: 13:11

Rank in category: 2(of 6)

Best time in the category: 13:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.72	8:24	4:53	4	0:56	9	0:56	1.72	8:24	4:53	4	0:56	9	0:56
Last lap Finish	1.28	6:23	4:59	2	0:40	2	0:40	3.00	14:47	4:55	2	1:36	4	1:36