



28. Arnstädter Citylauf

Arnstadt / 28.04.2018

Detailed evaluation

Schreier, Konrad

Club: SG Motor Arnstadt

Number: 263

Course: 10.00 km

n3 10-km-Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 56:00

Speed: 10.71 km/h

Running performance: 5:36 min/km

Rank in course/Total: 58 (of 96)

Rank in course/Men: 50 (of 62)

Best time in course: 35:39

Rank in category: 4(of 4)

Best time in the category: 45:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	1.67	8:09	4:52	3	0:57	37	2:38	1.67	8:09	4:52	3	0:57	37	2:38	
Lap 2	2.35	13:17	5:39	4	2:31	53	5:00	4.02	21:26	5:19	4	3:28	48	7:38	
Lap 3	2.35	13:52	5:54	4	3:07	53	5:21	6.37	35:18	5:32	4	6:35	49	12:59	
Lap 4	2.35	13:32	5:45	4	2:48	49	4:59	8.72	48:50	5:36	4	9:23	50	17:58	
Last lap Finish	1.28	7:10	5:35	3	1:06	46	2:23	10.00	56:00	5:35	4	10:29	50	20:21	