



28. Arnstädter Citylauf

Arnstadt / 28.04.2018

Detailed evaluation

KLINKE, Franziska

Club: TSV Motor Gispersleben

Number: 226

Course: 10.00 km

n3 10-km-Lauf

Category:

Frauen (20-29 Jahre)

Total time: 59:10

Speed: 10.14 km/h

Running performance: 5:55 min/km

Rank in course/Total: 75 (of 96)

Rank in course/Women: 20 (of 34)

Best time in course: 39:56

Rank in category: 6(of 12)

Best time in the category: 39:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Women	Behind Women	km	Time			min/km	Pos Women	Behind Women
Lap 1	1.67	9:26	5:38	6	3:21	23	3:21	1.67	9:26	5:38	6	3:21	23	3:21
Lap 2	2.35	13:49	5:52	5	4:37	20	4:37	4.02	23:15	5:47	7	7:58	23	7:58
Lap 3	2.35	14:04	5:59	4	4:35	18	4:35	6.37	37:19	5:51	7	12:33	23	12:33
Lap 4	2.35	14:19	6:05	4	4:33	16	4:33	8.72	51:38	5:55	6	17:06	22	17:06
Last lap Finish	1.28	7:32	5:53	4	2:08	10	2:08	10.00	59:10	5:54	6	19:14	20	19:14