



28. Arnstädter Citylauf

Arnstadt / 28.04.2018

Detailed evaluation

HUNDERTMARK, Mario

Club: -

Number: 223

Course: 10.00 km

n3 10-km-Lauf

Category:

Männer (20-29 Jahre)

Total time: 59:24

Speed: 10.10 km/h

Running performance: 5:56 min/km

Rank in course/Total: 79 (of 96)

Rank in course/Men: 57 (of 62)

Best time in course: 35:39

Rank in category: 7(of 8)

Best time in the category: 45:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.67	9:17	5:33	7	2:14	57	3:46	1.67	9:17	5:33	7	2:14	57	3:46
Lap 2	2.35	13:53	5:54	7	3:14	58	5:36	4.02	23:10	5:45	7	5:28	57	9:22
Lap 3	2.35	14:18	6:05	6	3:25	56	5:47	6.37	37:28	5:52	7	8:53	57	15:09
Lap 4	2.35	14:29	6:09	7	3:27	57	5:56	8.72	51:57	5:57	8	12:20	58	21:05
Last lap Finish	1.28	7:27	5:49	6	1:18	48	2:40	10.00	59:24	5:56	7	13:38	57	23:45