



# 28. Arnstädter Citylauf

Arnstadt / 28.04.2018

## Detailed evaluation

**HUNDERTMARK, Mario**

Club: -

Number: 223

Course: 10.00 km

n3 10-km-Lauf

Category:

Männer (20-29 Jahre)

Total time: 59:24

Speed: 10.10 km/h

Running performance: 5:56 min/km

Rank in course/Total: 79 (of 96)

Rank in course/Men: 57 (of 62)

Best time in course: 35:39

Rank in category: 7(of 8)

Best time in the category: 45:46

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Lap 1           | 1.67        | 9:17          | 5:33            | 7           | 2:14           | 57          | 3:46          | 1.67          | 9:17          | 5:33            | 7           | 2:14           | 57         | 3:46          |
| Lap 2           | 2.35        | 13:53         | 5:54            | 7           | 3:14           | 58          | 5:36          | 4.02          | 23:10         | 5:45            | 7           | 5:28           | 57         | 9:22          |
| Lap 3           | 2.35        | 14:18         | 6:05            | 6           | 3:25           | 56          | 5:47          | 6.37          | 37:28         | 5:52            | 7           | 8:53           | 57         | 15:09         |
| Lap 4           | 2.35        | 14:29         | 6:09            | 7           | 3:27           | 57          | 5:56          | 8.72          | 51:57         | 5:57            | 8           | 12:20          | 58         | 21:05         |
| Last lap Finish | 1.28        | 7:27          | 5:49            | 6           | 1:18           | 48          | 2:40          | 10.00         | 59:24         | 5:56            | 7           | 13:38          | 57         | 23:45         |