



28. Arnstädter Citylauf

Arnstadt / 28.04.2018

Detailed evaluation

Bockelmann, Leo

Club: Lüneburger SV

Number: 137

Course: 5.00 km

Die Schwenninger Krankenkasse 5-km-Lauf

Category:

Männer (20-29 Jahre)

Total time: 16:43

Speed: 17.95 km/h

Running performance: 3:20 min/km

Rank in course/Total: 1 (of 41)

Rank in course/Men: 1 (of 29)

Best time in course: 16:43

Rank in category: 1(of 1)

Best time in the category: 16:43

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | Pos Cat. | Behind Cat. | Total ranking | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------------|---------------|-------------|----------------|-----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | | | Total min/km | Pos Men | Behind Men |
| Lap 1 | 1.38 | 4:26 | 3:12 | 1 | - | 1 | - | 1.38 | 4:26 | 3:12 | 1 | - | 1 | - |
| Lap 2 | 2.34 | 7:57 | 3:23 | 1 | - | 1 | - | 3.72 | 12:23 | 3:19 | 1 | - | 1 | - |
| Last lap Finish | 1.28 | 4:20 | 3:23 | 1 | - | 1 | - | 5.00 | 16:43 | 3:20 | 1 | - | 1 | - |