



28. Arnstädter Citylauf
Arnstadt / 28.04.2018

Detailed evaluation

POTLESAK, Marie

Club: LSV Lok Arnstadt
Number: 10

Course: 3.00 km
McDonald`s 3-km-Lauf

Category:
weibliche Jugend W13 (13 Jahre)

Total time: 15:06

Speed: 11.92 km/h
Running performance: 5:02 min/km

Rank in course/Total: 21 (of 39)

Rank in course/Women: 9 (of 23)

Best time in course: 13:11

Rank in category: 1(of 3)

Best time in the category: 15:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.72	7:58	4:37	1	-	4	0:30	1.72	7:58	4:37	1	-	4	0:30
Last lap Finish	1.28	7:08	5:34	3	0:05	13	1:25	3.00	15:06	5:01	1	-	9	1:55