



28. Arnstädter Citylauf

Arnstadt / 28.04.2018

Detailed evaluation

Eschrich, Celin

Club: ThSV 1886 Geschwenda

Number: 40

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

weibliche Jugend W12 (12 Jahre)

Total time: 15:12

Speed: 11.84 km/h

Running performance: 5:04 min/km

Rank in course/Total: 22 (of 39)

Rank in course/Women: 10 (of 23)

Best time in course: 13:11

Rank in category: 2(of 7)

Best time in the category: 14:48

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Wome	Women	km	Time	min/km	Cat.	Cat.	Wome	Women
Lap 1	1.72	8:37	5:00	2	0:27	10	1:09	1.72	8:37	5:00	2	0:27	10	1:09
Last lap Finish	1.28	6:35	5:08	1	-	3	0:52	3.00	15:12	5:03	2	0:24	10	2:01