



28. Arnstädter Citylauf

Arnstadt / 28.04.2018

Detailed evaluation

Gumpert, Emilia

Club: Marlishausen

Number: 25

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

weibliche Kinder W11 (11 Jahre)

Total time: 15:35

Speed: 11.55 km/h

Running performance: 5:11 min/km

Rank in course/Total: 23 (of 39)

Rank in course/Women: 11 (of 23)

Best time in course: 13:11

Rank in category: 5(of 6)

Best time in the category: 13:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.72	8:39	5:01	5	1:11	11	1:11	1.72	8:39	5:01	5	1:11	11	1:11
Last lap Finish	1.28	6:56	5:25	5	1:13	10	1:13	3.00	15:35	5:11	5	2:24	11	2:24