



28. Arnstädter Citylauf

Arnstadt / 28.04.2018

Detailed evaluation

Hill, Tom

Club: FV Hochsprung m. Musik

Number: 37

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

männliche Jugend M15 (15 Jahre)

Total time: 11:48

Speed: 15.25 km/h

Running performance: 3:56 min/km

Rank in course/Total: 2 (of 39)

Rank in course/Men: 2 (of 16)

Best time in course: 11:37

Rank in category: 1(of 2)

Best time in the category: 11:48

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	1.72	6:33	3:48	1	-	2	0:08	1.72	6:33	3:48	1	-	2	0:08
Last lap Finish	1.28	5:15	4:06	1	-	2	0:03	3.00	11:48	3:56	1	-	2	0:11