



28. Arnstädter Citylauf

Arnstadt / 28.04.2018

Detailed evaluation

BOSECKER, Lea

Club: LSV Lok Arnstadt

Number: 3

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

weibliche Jugend W15 (15 Jahre)

Total time: 14:31

Speed: 12.40 km/h

Running performance: 4:50 min/km

Rank in course/Total: 11 (of 39)

Rank in course/Women: 3 (of 23)

Best time in course: 13:11

Rank in category: 1(of 1)

Best time in the category: 14:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.72	7:49	4:32	1	-	3	0:21	1.72	7:49	4:32	1	-	3	0:21
Last lap Finish	1.28	6:42	5:14	1	-	7	0:59	3.00	14:31	4:50	1	-	3	1:20