



28. Arnstädter Citylauf
Arnstadt / 28.04.2018

Detailed evaluation

AULICH, Miriam Lana

Club: Emil-Petri-Schule
Number: 1

Course: 3.00 km
McDonald`s 3-km-Lauf

Category:
weibliche Jugend W12 (12 Jahre)

Total time: 16:11

Speed: 11.12 km/h
Running performance: 5:23 min/km

Rank in course/Total: 29 (of 39)
Rank in course/Women: 16 (of 23)
Best time in course: 13:11

Rank in category: 3(of 7)
Best time in the category: 14:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.72	8:56	5:11	3	0:46	16	1:28	1.72	8:56	5:11	3	0:46	16	1:28
Last lap Finish	1.28	7:15	5:39	3	0:40	16	1:32	3.00	16:11	5:23	3	1:23	16	3:00