



# 28. Arnstädter Citylauf

Arnstadt / 28.04.2018

## Detailed evaluation

**Rahn, Evelyn**

Club: Karower Dachse

Number: 33

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 17:04

Speed: 10.55 km/h

Running performance: 5:41 min/km

Rank in course/Total: 31 (of 39)

Rank in course/Women: 17 (of 23)

Best time in course: 13:11

Rank in category: 1(of 1)

Best time in the category: 17:04

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	1.72	9:11	5:20	1	-	17	1:43	1.72	9:11	5:20	1	-	17	1:43
Last lap Finish	1.28	7:53	6:09	1	-	18	2:10	3.00	17:04	5:41	1	-	17	3:53