



28. Arnstädter Citylauf

Arnstadt / 28.04.2018

Detailed evaluation

Neumann, Johanna

Club: Melissantes Gym 5b

Number: 18

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

weibliche Jugend W12 (12 Jahre)

Total time: 17:44

Speed: 10.15 km/h

Running performance: 5:55 min/km

Rank in course/Total: 35 (of 39)

Rank in course/Women: 21 (of 23)

Best time in course: 13:11

Rank in category: 5(of 7)

Best time in the category: 14:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.72	9:45	5:40	4	1:35	20	2:17	1.72	9:45	5:40	4	1:35	20	2:17
Last lap Finish	1.28	7:59	6:14	5	1:24	20	2:16	3.00	17:44	5:54	5	2:56	21	4:33