



28. Arnstädter Citylauf

Arnstadt / 28.04.2018

Detailed evaluation

HARTMANN, Jonny

Club: Die flinken Gerataler

Number: 108

Course: 5.00 km

Die Schwenninger Krankenkasse 5-km-Lauf

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 25:31

Speed: 11.76 km/h

Running performance: 5:06 min/km

Rank in course/Total: 17 (of 41)

Rank in course/Men: 16 (of 29)

Best time in course: 16:43

Rank in category: 2(of 3)

Best time in the category: 20:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	1.38	6:16	4:32	3	1:20	17	1:50	1.38	6:16	4:32	3	1:20	17	1:50	
Lap 2	2.34	12:11	5:12	2	2:14	16	4:14	3.72	18:27	4:57	2	3:34	16	6:04	
Last lap Finish	1.28	7:04	5:31	2	1:36	16	2:44	5.00	25:31	5:06	2	5:10	16	8:48	