



28. Arnstädter Citylauf

Arnstadt / 28.04.2018

Detailed evaluation

Jahn, Wiebke

Club: SSV Erfurt Nord

Number: 135

Course: 5.00 km

Die Schwenninger Krankenkasse 5-km-Lauf

Category:

weibliche Jugend U18 (16-17 Jahre)

Total time: 25:52

Speed: 11.60 km/h

Running performance: 5:10 min/km

Rank in course/Total: 18 (of 41)

Rank in course/Women: 2 (of 12)

Best time in course: 23:32

Rank in category: 1(of 2)

Best time in the category: 25:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.38	6:05	4:24	1	-	2	0:04	1.38	6:05	4:24	1	-	2	0:04
Lap 2	2.34	12:34	5:22	1	-	2	1:17	3.72	18:39	5:00	1	-	2	1:21
Last lap Finish	1.28	7:13	5:38	1	-	2	0:59	5.00	25:52	5:10	1	-	2	2:20